

#### The NYSS Difference

When you call, we will evaluate the patient's needs and match them with the right therapist.

- We treat our patients as we would wish our loved ones to be treated.
- Our therapists are licensed and credentialed by the American Speech-Language-Hearing Association (ASHA).
- We provide high quality, research-based treatment.
- We offer house calls within LI and NYC.
- We are a Medicare provider.



Our mission is to offer the highest quality speech-language pathology services by providing state-of-the-art, evidence-based therapy.



Judy Cavallo, M.S., CCC/SLP Licensed Speech-Language Pathologist

Judy Cavallo founded New York Speech
Solutions in 2004. She is a licensed
speech-language pathologist who holds the
Certificate of Clinical Competence from the
American Speech-Language Hearing
Association (ASHA). With more than 80
years of collective experience working with
adults with communication and swallowing
disorders, Judy and her team are passionate
about helping their patients regain their
independence and enjoy a better quality
of life.



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Caring Professionals
Offering State-of-the-Art
Treatments

516-355-6001

#### Testimonials

"Your expertise and caring manner produced results far beyond our expectations. My wife's swallowing has improved dramatically. She was on a feeding tube, not having eaten anything by mouth in over a year. Now she is back to eating foods and drinks she enjoys."

"My mom had a massive stroke and lost her speech. After many months of speech therapy elsewhere, my mom was ready to give up and accept she may never be able to fully communicate verbally. Through research, I found NY Speech Solutions. The results in the short time we have been going are phenomenal. I can finally understand and have a conversation with my Mom again!"

"Judy is the sole reason I can speak today. I had 6 strokes and a brain operation which left me paralyzed and unable to speak for a year. Judy took my silence and with her caring, patience and talent, worked her magic and gave me my voice back again. From the bottom of my heart and from my family, thank you!"

"I had a bad auto accident. It left me with voice paresis and a choking sensation when I swallowed. Then I found NY Speech Solutions. With VitalStim Therapy, my voice returned as well as my ability to swallow liquids without coughing. I thought my time for speaking was over. Whoever knew this kind of thing even existed!"

Janet Seltzer

ew York Speech Solutions provides state-of-the-art communication and swallowing therapy in the comfort of your home. We serve patients on Long Island and in New York City. Our licensed and certified speech-language pathologists are dedicated, caring professionals. Our focus is to maximize the quality of life and communication success for each patient. We work collaboratively with families, doctors and other professionals.





#### Speech-Language Therapy

We specialize in the treatment of aphasia, apraxia and dysarthria which may result from a stroke, traumatic brain injury, oral/laryngeal cancer, Parkinson's disease and other medical conditions. Therapy focuses on improving our patient's functional communication skills so they achieve greater independence in their daily life. For individuals who are unable to make their needs known through speech, NYSS chooses the most effective Augmentative and Alternative Communication (AAC) option.

# Voice Therapy

Our expertise includes treatment of vocal cord paralysis, nodules, muscle tension dysphonia and other voice disorders. We help patients attain the best possible use of their voice and the most relief from their vocal symptoms. We are certified providers of LSVT LOUD® (Lee Silverman Voice Treatment) for individuals with Parkinson's disease and other neurological conditions. We restore voice to our tracheostomy patients by fitting them with speaking valves.



# Swallowing Therapy

Goals for our patients include:

- Progressing from puree to regular consistency diets\*
- Transitioning from thick to thin liquids\*
- Bringing back their enjoyment of eating and drinking
- Maintaining proper nutrition and hydration
- \* If safely tolerated by the patient

Treatment may include: Electrical Stimulation Therapy (VitalStim® Therapy), swallowing exercises and strategies to help patients eat and drink safely.



# Cognitive Rehabilitation

We work with seniors in the early to middle stages of dementia to preserve their communication and cognitive functioning for as long as possible. We also treat individuals with cognitive-communication deficits due to traumatic brain injury, stroke, brain tumor, Parkinson's disease and other conditions.

A few of our treatments include:

- Memory aids and strategies
- Brain-training apps
- Family training in communication techniques